

# Contents

Introduction 4

Cooking Basics 5

Appetizers & Snacks 57

Beans, Rice, & Grains 77

Beverages 99

Breads 113

Cakes 151

Candies 173

Canning & Freezing 185

Cookies 203

Crockery Cooking 227

Desserts 241

Eggs & Cheese 261

Fish & Shellfish 279

Grilling 303

Meat 329

Pasta 375

Pies & Tarts 397

Poultry 419

Salads & Dressings 451

Sauces & Relishes 473

Soups & Stews 485

Vegetables & Fruits 509

Index 545

Metric Information 574

**Creamy Caramel-Pecan Rolls**  
page 128



**French Onion Soup**  
page 504



**Sausage and Pepper Sandwiches**  
page 358



**Baked Cavatelli**  
page 389



**Peaches and Cream Tart**  
page 413